



Bulletin

THE OFFICIAL JOURNAL OF THE KENT COUNTY MEDICAL SOCIETY & THE KENT COUNTY OSTEOPATHIC ASSOCIATION

SPRING 2019



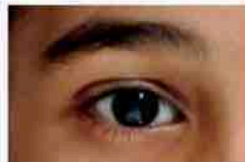
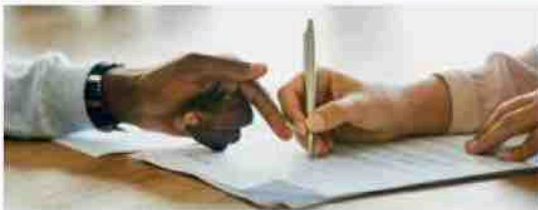
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BULLETIN

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- Kent County Medical Society Alliance
- Kent Medical Foundation

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Eric Larson, MD, delivers the Oath of Office for Megan M. Edison, MD, who was sworn in as the 2019 President of the KCMS Board of Directors.

Cover Photo

KCMS President, Megan M. Edison, MD, delivers her inaugural speech.

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GET INVOLVED:

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Learn more about the Kent County Osteopathic Association at www.kcoa-mi.org.

In Memoriam

HAROLD E. BOWMAN, MD

Dr. Harold Bowman passed away on Friday, February 1, 2019. He earned his medical degree from Indiana University School of Medicine in 1948 and went on to serve in the Naval Reserves for two years. Dr. Bowman completed his residency in pathology at Henry Ford Hospital in Detroit and moved to Grand Rapids where he practiced at St. Mary's Hospital in Grand Rapids, Michigan, serving as Chief of Staff during his tenure. Dr. Harold Bowman served as President of the Kent County Medical Society in 1975 and was a member of the Kent County Medical Society since 1955.

JACK A. BROWN, MD

Dr. Jack Brown passed away on Sunday, December 2, 2018. He attended and graduated from Rockford High School in Rockford, Michigan and from the University of Michigan as a Medical Doctor in 1957. Dr. Brown completed his internship at St. Mary's Hospital in Grand Rapids and went on to practice as a family physician in Rockford and Middleville before retiring from his practice in Hastings in 2003. Dr. Jack Brown was a member of the Kent County Medical Society since 1958.

BERT J. KORHONEN, MD

Dr. Bert Korhonen passed away Friday, February 15, 2019. Dr. Korhonen earned a Bachelor of Science from the University of Michigan in 1959, and a Doctor of Medicine from the Wayne State University College of Medicine in 1963. He served in the U.S. Navy in the First Medical Battalion, Department of Orthopedics, First Marine Division, Republic of Vietnam 1967-1968, and practiced orthopedic surgery in Grand Rapids from 1970 until his retirement in 2005. Dr. Bert Korhonen was a member of the Kent County Medical Society since 1965.

THERESA R. PALASZEK, MD

Theresa Palaszek-Mancewicz, MD passed away on Monday, January 28, 2019. She attended Grand Rapids Junior College and graduated from the University of Michigan Medical School in 1952. Dr. Palaszek interned at St. Marys Hospital, where she was the first female intern. She completed her residency in obstetrics and gynecology at Grace Hospital in Detroit in 1957 and went on to practice in Grand Rapids for 41 years. Dr. Theresa Palaszek was a member of the Kent County Medical Society since 1957.

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Join Us

KCMS MEETINGS OF INTEREST

MARCH 18, 2019

KCMS LAWMAKERS RECEPTION
Bistro Bella Vita | 6pm

MARCH 21, 2019

THE DOCTORS' LOUNGE SOCIAL EVENT
EVE at the B.O.B. | 6-8pm

MARCH 25, 2019

KMF nicoTEAM JURIED POSTER CONTEST
GR Art Museum | 4pm

MARCH 30, 2019

DOCTORS' DAY

APRIL 8, 2019

KCMS/KCOA LEGISLATIVE COMMITTEE
Masonic Center | Noon

APRIL 15, 2019

KMF nicoTEAM AWARDS CEREMONY
GR Art Museum | 4pm

APRIL 15, 2019

DISTRICT DIRECTOR DINNER BRIEFING
Masonic Center | 6pm

MAY 4-5, 2019

MSMS HOUSE OF DELEGATES MEETING
The Radisson Hotel & Suites, Kalamazoo

JUNE 10, 2019

KCMS/KCOA LEGISLATIVE COMMITTEE
Masonic Center | Noon

OUR MISSION:

The Kent County Medical Society is a professional association, uniting the physicians in Kent County into a mutual, neutral organization; preserving and promoting the health of the citizens of Kent County, the physician/patient relationship, the medical profession, and the interests of physicians.

Visit us

For event details, check out our website kcms.org





Eric Larson, MD
2018 KCMS President,
Board of Directors

Changing the MSMS

As members of organized medicine through the Michigan State Medical Society (MSMS) we believe that it is important for physicians to have a strong voice in Lansing. Also, as you probably know, membership has been declining both in overall numbers and in participation in the governance through the House of Delegates (HOD).

The MSMS has been looking at innovative ways to reorganize its governance and strengthen the organization. At the last HOD, the highlight was on how the Georgia State Medical Society had reversed their membership decline by strengthening its county societies and offering discounted ways for physicians to get involved.

Despite the discussion, no official resolution has been proposed so I decided to get the ball rolling and will be introducing the following resolution outlined below:

1. Physicians will have the option of joining a county medical society, state society, or both. This will allow for reduced dues if physicians choose to not be involved in all aspects of the societies.
2. The House of Delegates, which has seen reducing participation from practicing physicians, will be reemphasized by encouraging physicians from all counties to attend using their dues to pay. This would allow rural physicians not in organized counties a better opportunity to vote and work at the HOD.
3. The HOD will have 250 delegates apportioned by paid members with county and state members worth one point and combined members worth 1.5. The counties will then be allotted delegates based on their point totals proportionately with a minimum of one delegate per county.
4. At the HOD, students will be allocated one delegate per medical school and 3 alternates in order to maintain their participation but not have an outsized voting bloc.
5. The MSMS board of directors will be changed to a representative body of all physicians in the state of Michigan. The state will then be divided into six regions (not smaller than one county) where three directors will be chosen for a total of 18 directors.

I suspect that this resolution will serve as a launching point for discussion and lead us into a stronger tomorrow. I would encourage you to send any suggestions, comments, and recommendations to me at ellarson0@gmail.com.

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Eric L. Larson, MD, 2018 KCMS Board President, passed the gavel and Board President responsibilities for 2019 to Megan M. Edison, MD.



2019 KCMS

Annual Meeting

Members of the Kent County Medical Society gathered for the 116th Annual Meeting. Colleagues and friends heard updates of the KCMS from 2018 Board President, Eric L. Larson, MD. An installation of 2019 Officers was held and Megan M. Edison, MD, was installed as President with Sandy K. Dettmann, MD, as President-Elect, Gerald R. Lee, MD, as Secretary/Treasurer, and Belén Amat, MD, as Director. Delegates and Alternate Delegates to the Michigan State Medical Society House of Delegates were elected.

Eric L. Larson, MD, 2018-2019 President of the KCMS provides a year in review to KCMS Members and guests.



Herman C. Sullivan, MD, is honored for his many years of service to the KCMS Board of Directors.

“We are trying to understand the relevance of organized medicine, right now in health care, and how we may make it better, and how organized medicine may make the practice of medicine better.”

-Megan M. Edison, MD

“There is nothing that happens in health care unless we (doctors) show up to work and everyone gets paid. From the CEO all the way down to the guy that’s doing your valet parking. No one gets paid — unless the doctors show up to work.”

-Megan M. Edison, MD



Sandy Dettmann, MD, is elected as KCMS Board President-Elect.



Jayne E. Courts, MD, was thanked by the KCMS Board for her six years of leadership and service to KCMS. Dr. Courts is currently serving as an Alternate Delegate to the AMA for Michigan.

“What we’ve seen in terms of organized medicine is that throughout decisions over time, perhaps they have not represented physicians well, and now we’re in this spiral where physicians do not feel like they are represented by organized medicine.”

-Megan M. Edison, MD

Karen and Lee Begrow, DO, visit with Sandy Dettmann, MD.



Annual Meeting, continued



Patrick Droste, MS, MD, recognizes the tremendous work of Drs. Megan Edison and Eric Larson.



Patrick Droste, MS, MD; Megan M. Edison, MD; and Eric L. Larson, MD

"This past year was in many ways, the single most productive year KCMS has ever had since I've been involved. The reason is, we had a resolution written by Megan Edison, MD and others a couple of years ago about Maintenance of Certification and it got national attention. It got our Legislators' attention, which is incredible. This one got a bill to the House, a bill through the Senate and it was passed in lame duck. Because of primarily Drs. Megan Edison and Eric Larson."

— Patrick Droste, MS, MD, 2010 KCMS President



KCMS Board Secretary/Treasurer, Gerald R. Lee, MD.



Jayne E. Courts, MD, and Paul O. Farr, MD.

I have never seen that kind of success! I compliment Megan that the American Board of Internal Medicine charged \$1,750 dollars for a test that showed no validity, whatsoever. Thanks to Megan Edison, the law was passed in Michigan. I think we owe her an awful lot of recognition.

— Paul O. Farr, MD, 1990 KCMS President and 2006 MSMS President

Rose Ramirez, MD, 2000 KCMS President, 2015 MSMS President, and current Alternate Delegate to the AMA for Michigan, provides an update on the AMA.



New KCMS Member, Joseph C. Drumm, DO, with Anita Avery, MD, 2009 KCMS President, and new KCMS Board Member, Belén Amat, MD.

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Brainstorming Session



The Kent Delegation met on January 9 to discuss resolutions for the Michigan State Medical Society House of Delegates. Delegates and Alternate Delegates brainstormed and proposed ideas for more than 20 draft resolutions. The 2019 MSMS House of Delegates will convene Friday, May 4 and Saturday, May 5 in Kalamazoo.

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Physicians from the Kent and Ottawa county medical societies volunteer their time, interest and energy to make policy changes that respond to concerns of physicians. Along with other volunteers across the state, these physician volunteers help to improve the practice of medicine for all physicians in the state of Michigan.

Kent & Ottawa Delegations Submit Resolutions

The Delegations for Kent and Ottawa County have submitted twelve (12) Resolutions for consideration at the 2019 MSMS House of Delegates. Exact titles may vary. Authors and topics include the following. KCMS and OCMS members are encouraged to visit the KCMS website to read submitted resolutions.

RESOLUTION 15-19

Repeal Prior Authorization for Medication-Assisted Treatment in Addiction Medicine

Sandy Dettmann, MD (co-author)

RESOLUTION 42-19

Two-Thirds Vote Required of All Main Motions

Bryan Huffman, MD

RESOLUTION 52-19

Forced Organ Harvesting

Eric Larson, MD

RESOLUTION 55-19

Sharing MAPS Reports with Patients

Jayne E. Courts, MD

RESOLUTION 63-19

MSMS Governance Reorganization

Eric Larson, MD

RESOLUTION 66-19

Improved Access to Physical Therapy, Occupational Therapy, and Complementary and Alternative Medicine Therapies

Jayne E. Courts, MD

RESOLUTION 68-19

Hospice Care and the "Adult Failure to Thrive" Diagnosis

Jayne E. Courts, MD

RESOLUTION 70-19

Prescription Coverage of the Lidocaine Transdermal Patch

Jayne E. Courts, MD

RESOLUTION 71-19

Council for Affordable Quality Healthcare Attestation

Jayne E. Courts, MD

RESOLUTION 73-19

Centers for Medicare and Medicaid Services Open Payments Program

Jayne E. Courts, MD

RESOLUTION 87-19

Strengthen Michigan Delegation to the AMA

Megan Edison, MD

RESOLUTION 96-19

MSMS Annual House of Delegates Date Change

Bryan Huffman, MD



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Legislative Committee Luncheon

KCMS and KCOA members met with local legislators to discuss legislation affecting the practice of medicine. All KCMS and KCOA members are welcome to participate in the quarterly Legislative Luncheons. *Continues on page 15.*

IV LEAGUE

No agenda. No tasks.

IV League is a great opportunity for retired KCMS and KCOA members to catch up!

Stay Tuned for Upcoming Events

The graphic features a light beige background with faint white line-art icons of coffee cups, donuts, and a burger. In the top left corner, there are two circular logos: the Kent County Medical Society (founded 1902) and the Kent County Osteopathic Association. The central focus is a large white circle containing a stylized illustration of a hand holding a coffee cup. The text "IV LEAGUE" is written in a bold, orange and yellow font across the top of this circle. At the bottom right of the graphic is an illustration of a fried egg with a yellow yolk and a white egg white, with a small alarm clock icon above it.



Legislators in attendance included State Senator Winnie Brinks (29th Senate District) and State Representatives Rachel Hood (76th House District), Steve Johnson (72nd House District), and Mark Huizenga (74th House District). Also present were Ms. Katherine Condon (District Director for U.S. Representative Justin Amash, 3rd Congressional District), and Ms. Kate DeVries (Legislative Assistant for State Representative David LaGrand, 75th House District).

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- Dr. Brad Bengtson, MD, FACS



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Fowling Night Out

This fun night out raised money for our KCMS Alliance Foundation. Guests enjoyed playing a game that combines horseshoes, football and bowling.



Check out more pictures of this event on page 25, KCMS Alliance.



Join Us

KCOA MEETINGS OF INTEREST

MARCH 21, 2019

THE DOCTORS' LOUNGE SOCIAL EVENT
EVE at the B.O.B. | 6-8pm

MARCH 25, 2019

KMF NICOTEAM JURIED POSTER CONTEST
GR Art Museum | 4pm

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DOCTORS' DAY

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KCMS/KCOA LEGISLATIVE COMMITTEE
Masonic Center | Noon

APRIL 14-20, 2019

NATIONAL OSTEOPATHIC MEDICINE WEEK

APRIL 15, 2019

KMF NICOTEAM AWARDS CEREMONY
GR Art Museum | 4pm

MAY 16, 2019

MOA HOUSE OF DELEGATES
Westin Southfield Detroit

MAY 16-19, 2019

120TH ANNUAL MOA SPRING SCIENTIFIC CONVENTION
Westin Southfield Detroit

JUNE 13-16, 2019

NMOA SUMMER CONFERENCE
Mission Point Resort, Mackinac Island

OUR MISSION:

Kent County Osteopathic Association seeks to advocate for the physicians of Kent County, advance the science and practice of osteopathic medicine, and provide an arena of osteopathic physicians to support and educate each other and their community.

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Craig H. Bethune, DO

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Edward Lee, DO

Gary Marsiglia, DO

C. Eugene Soechtig, DO

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Adam Wolfe, DO
2019 KCOA President,
Board of Directors



Advocacy Efforts

Delegates needed from Kent County for the MOA House of Delegates

The annual MOA HOD will take place on Thursday, May 16th from 9am-3pm at the Westin Southfield Detroit. If you have not had the chance to experience how policy is developed, this will be enlightening. All KCOA Members wishing to serve as a Delegate to the MOA must be members of MOA. Please contact the KCOA office at 616-458-4157 if you have any questions.

MOA Resolutions Welcome

Have you been wanting to change something in medicine, but not sure how to do so. You may submit your recommendations in the form of a Resolution to be considered by the MOA House of Delegates. Visit the MOA website to learn more:

<https://domoa.memberclicks.net/hod>

MOA Spring Convention

The Spring Convention May 16-19, 2019 at the Westin Southfield Detroit Hotel. Registration is now open! Registration information and the agenda for the Convention can be found on the MOA convention website at <http://www.moaspring.com/>

AOA House of Delegates

The American Osteopathic Association House of Delegates will be held on July 25-28, 2019 at the Chicago Marriott Magnificent Mile. Delegates from Kent County will need to be present Thursday, July 25th at 2pm. As in previous years, the AOA delegates will be selected during the MOA HOD.

KCOA Members attend Feb. 11 KCMS/KCOA Legislative Committee Luncheon



Craig Bethune, DO,
Speaker of the House of
Delegates - Michigan
Osteopathic Association.



Tammy Born-Huizenga, DO,
(above), and Lonson Barr, DO,
(below).



For more photos of this event, please see pages 14 and 15.

In Memoriam

DOUGLAS K. SHUMWAY, DO

Dr. Douglas Shumway passed away Wednesday, Feb. 6, 2019. He graduated from Davis & Elkins College in Elkins, West Virginia and earned his medical degree from the Philadelphia College of Osteopathic Medicine in 1957. Dr. Shumway practiced family medicine in Middleville from 1958 to 1990 and was also a physician for the VA outpatient clinic in both Grand Rapids and Battle Creek. Dr. Douglas Shumway was on staff at the Grand Rapids Osteopathic Hospital and a member of the Kent County Osteopathic Association.



KENT MEDICAL FOUNDATION

Generous Donors



Jayne E. Courts, MD
2018 Kent Medical
Foundation, Board Chair

KMF

We have moved from the holiday season to the start of a new year, and, with the close of 2018, we have been able to acknowledge our holiday card donors for their gracious generosity during this annual fundraiser by listing their names in our holiday card and in this KCMS Bulletin (please see page 22). The Holiday Card Fundraiser successfully raised \$9,675. Thank you for your generosity.

THE KENT MEDICAL FOUNDATION (KMF) supports various non-profit causes throughout the year as the philanthropic arm of the Kent County Medical Society (KCMS). Two years ago, the KMF Board elected to accept administration of a program they had financially supported as an ongoing community service for many years, the nicoTEAM contest. The nicoTEAM contest is a tobacco cessation program aimed at middle school students which encourages learning about the risks of tobacco (in any form, such as cigarettes, vaping, or juuling) through a poster presentation contest. This contest was created and developed by Dr. Luis Tomatis, a cardiothoracic surgeon, and his late wife, Gretchen Minnhaar, a local architect and internationally renowned artist. Their contributions have built an important program that has effectively shared messaging for students, teachers, and families about choosing health-focused habits. Ms. Minnhaar was able to contribute to the nicoTEAM logo and artwork, as shown on bottom of page 19.

THE CHERI DEVOS FOUNDATION Our Board and staff are grateful to the Cheri DeVos Foundation (CDV5) as the primary sponsor for this program. The critical messages shared among the middle school students and their families are shared with their peers.



Paul Nicholson, Vice President of the Kent Medical Foundation Board of Trustees, provides a financial update of the KMF.

GRANT REQUESTS THROUGHOUT THE YEAR In addition to the nicoTEAM contest, the KMF Board considers grant requests throughout the year with monetary grant donations ranging from \$250 - \$10,000. Over the past six years, the KMF has awarded 20 grant requests with a total amount of \$66,070 donated for health-related, non-profit causes. The volunteer physician recognition program was started in 2016 as a way to honor our many physicians who donate their time and talents. Since the program's inception, a total of \$4,000 has been donated in honor of 16 physicians who volunteer for various non-profit causes within our community. Thank you for your donations which allow the KMF to support nicoTEAM and other worthwhile causes in our community.

Continues on page 20.



Breathing Easy in Our Community

2019 nicoTEAM Poster Art Contest Participants

Welcome to this year's participating schools and programs:

- Central Middle School
- Crestwood Middle School
- Eastern Middle School
- Grand Rapids Public Schools LOOP Program
- Mona Shores Middle School
- Northern Hills Middle School
- Pinewood Middle School
- T.E.A.M. 21
- Valleywood Middle School

Thank you to event sponsors and underwriters:

- CDV5 Foundation
- Kent Medical Foundation
- Kent County Osteopathic Association
- Amway Grand Plaza Hotel
- Frederik Meijer Gardens & Sculpture Park
- Grand Rapids Art Museum
- Grand Rapids Community College
- Grand Rapids Public Museum
- John Ball Zoo
- Kendall College of Art & Design – Ferris State University
- Meijer Corporation
- Swift Printing and Communications

Join Us!

2019 NICOTEAM JURIED POSTER CONTEST AND SANDWICH SUPPER

Monday, March 25, 2019

4:00pm-5:30pm | Grand Rapids Art Museum

2019 NICOTEAM AWARD CEREMONY AND AMWAY GRAND RECEPTION

Monday, April 15, 2019

4:00pm-5:30pm | Grand Rapids Art Museum



nicoTEAM logo design by Gretchen Minnhaar, AIA

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KMF



KENT MEDICAL FOUNDATION

We Can Give More if We Have More to Give

We can give more if we have more to give, and we are happy to accept donations throughout the year. Checks should be endorsed to Kent Medical Foundation, and you may mail checks in care of the Kent County Medical Society Office at 233 East Fulton, Suite 222, Grand Rapids, MI 49503. As a 501(c)3 non-profit charity, the Kent Medical Foundation will issue a receipt.

KMF

DID YOU KNOW that making charitable contributions through your will allows you to support your favorite organizations while maximizing the tax benefits to your estate? You may make a bequest to your favorite charity. You may also create a new will, add an amendment to your existing will, or name a charity in your living trust. Simply use the following sample language: "I give, devise, and bequeath ____ [\$ amount] or ____ [% of estate] to the Kent Medical Foundation (EIN 38-6089794)." Feel free to contact the KCMS office at 616-458-4157 if you have any questions. As a 501(c)3 organization, your gift is tax deductible to the extent provided by law.

AT OUR RECENT KMF BOARD MEETING, THE FOLLOWING BOARD OFFICERS AND TRUSTEES FOR 2019 WERE ELECTED.

- PAUL NICHOLSON | PRESIDENT
- BRIAN F. JANSSEN | VICE PRESIDENT
- IRENE BETZ | SECRETARY/TREASURER
- ALEXIS BOYDEN | TRUSTEE
- KATHLEEN HOWARD, MD | TRUSTEE
- DEBORAH SHUMAKER | TRUSTEE

YEARS OF SERVICE I have been honored to serve as the Chair of the KMF Board for the past year and to serve on the KMF Board. I wish to thank Dr. David Hammond for his years of service on the KMF Board. I know that I am leaving the KMF Board in very capable hands under the leadership of Mr. Paul Nicholson and this dedicated group of Board Officers and Trustees.

Thank you for allowing me to serve on the Kent Medical Foundation Board.

Jayne E. Courts, MD



The Kent Medical Foundation Board recognizes the generous contributions made by former Chair, David Hammond, MD (above), and Immediate Past-Chair, Jayne E. Courts, MD (below).





Welcome Alexis Boyden

The KMF Board welcomes its newest Board Member, Alexis Boyden. Ms. Boyden is currently serving as the President of the KCMS Alliance Foundation Board of Directors. She has experience in many community service roles including serving as Past President of the KCMS Alliance and currently serving on the East Grand Rapids Schools Foundation Board and Development Committee.

KMF Board 2019 President

Paul Nicholson, Portfolio Manager, Vice President of Wealth Management for Macatawa Bank, has accepted the position of KMF Board President. He has been a member of the KMF Board 2015. Mr. Nicholson is actively involved in the nicoTEAM program serving in both juried Poster Art Contest and as a presenter in the nicoTEAM Celebration events.



KMF

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KENT MEDICAL FOUNDATION

WOULD LIKE TO THANK THOSE WHO GENEROUSLY SUPPORTED OUR HOLIDAY CARD CAMPAIGN!

Anonymous
 Mary Appelt, MD
 Jeff & Anita Avery
 Dr. John & Carol Beernink
 Brad & Irene Betz
 William Beute
 Dennis & Jennifer Bruce
 Scott R. Brundage, MD
 Chris & Amylynn Buchak
 Martin & Susan Bury
 Dr. Jamie & Mr. Chad Caughran
 Vicky Varlotta-Chung & Mathew Chung
 Nancy & Paul Clodfelder
 Dr. Stephen & Mary Cohle
 Leonard & Marjorie Coiner
 Don & Sue Condit
 Michelle M. Condon, MD
 Jon & Wanda Cowan
 Mr. Richard & Dr. Jean Craig

Patricia & Davis Dalton, DO
 Alison S. Dark, MD
 Drs. Dean & Joan Downs
 Patrick & Deborah Droste
 Paul O. Farr, MD & Bridget D. Farr
 Dr. Greg & Kathy M. Forzley
 Vicente & Meridell Gracias
 Thomas Gribbin
 Andrea & Marc Haidle
 Dr. & Mrs. David Hamm
 Dr. David & Lorraine Hammond
 Mark & Candace Hinshaw
 Drs. Jayne Courts & Rick Hodgson
 Dr. & Mrs. Richard Horvitz
 Dr. Kathleen A. Howard
 Peter & Susan Jebson
 Norman Keller, DO
 Roderick Kim, MD
 David & Maureen Krhovsky

Dr. Edward & Nanci Kryshak
 Thomas & Kathryn Marks
 Dr. Thomas & Cynthia Matelic
 Paul & Diane Nicholson
 John & Lynn O'Donnell
 Mike & Claire Olgren
 Steven & Karen Ottenweller
 Jonathan & Cara Poland
 Anthony and Helen Poulas
 Suresh Puri, MD & Sarla Puri, MD
 Dr. & Mrs. Larry Robson
 Dr. Jack & Lija Romence
 Robert & Phyllis Rood
 Mrs. Deborah Shumaker
 Curtis & Nancy Struyk
 Dr. Herman & Roslyn Sullivan
 Drs. David & Peggy Thompson
 Amy Tzintzun
 Doug & Amy Vander Woude

Wayne & Shelley VanderKolk
 Drs. Rose Ramirez & John vanSchagen
 Michael & Lisbeth Votruba
 Rik & Kitty Vydareny
 Dr. Jim & Janet Watkins
 Jack & Barbara Weigle
 Vernon Wendt, MD
 Phillip & Susan Wise
 Jerry & Kathy Wittingen
 Richard Wood & Lisa Andersson-Zetye

AGENCIES SUPPORTED IN 2018:

Boy Scouts of America
 Catherine's Health Care
 Dose of Generosity, KCMS Alliance
 Exalta Health
 FitKids 360
 Grand Rapids Children's Museum
 nicoTEAM Poster Art Contest

Investments in Local Organizations

The KMF Board recently made grants to three programs:

AUTISM SUPPORT OF KENT COUNTY

A grant of \$500 was awarded to support the Autism Support of Kent County (ASK) Walk. The Walk for Autism will be held on Sunday, May 5 at noon. It will be held at John Ball Park and Zoo. The event will be fun for the entire family. Autism Support of Kent County (ASK) provides services and resources for families and individuals affected by Autism Spectrum Disorder.

CALVIN COLLEGE HEALTH CAMP

A grant of \$3,190 was awarded for a five-day health camp. The health camp is available to 100 young women. Participants are empowered with knowledge that grows self-esteem, independent decision making, and better health outcomes. KMF will sponsor event t-shirts and an overnight college experience for the participants.

EQUINE ASSISTED DEVELOPMENT

A grant for \$5,000 was awarded to Equine Assisted Development (EAD). EAD utilizes horses for specialized therapy programs which are designed to assist clients challenged by Post Traumatic Stress Disorder (PTSD), human trafficking and other issues. The grant will provide care for the horses used in treatment.



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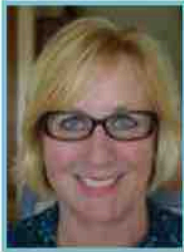
KENT COUNTY MEDICAL SOCIETY ALLIANCE

Connecting
and growing
for a healthier
Kent County.



heartbeat

MESSAGE FROM THE PRESIDENT



The Alliance remains vibrant as we continue connecting and growing for a healthier Kent County. This year, we have mixed in some new events along with our steadfast traditions.

We recently made a deliberate change in our fundraising strategy to more frequent and easy FUNdraising events throughout

the year to support our Foundation rather than an extravagant time-consuming gala. The latest of these, Fowling Night Out, raised money for our Foundation as guests enjoyed a refreshing evening playing a game combining horseshoes, football and bowling. The photos on page 25 do not adequately depict the laughter and jovial atmosphere!

This is my last Bulletin as president. Incoming co-presidents, Blesie Beaumier and Eileen Brader, take office in April. They are making exciting plans for next year and will assure the Alliance is committed to philanthropy, advocacy and camaraderie.

Sincerely, Susan Jebson, KCMSA President

Foundation Spotlight

Alexis Boyden, President

The Alliance Foundation is proud to award grants to organizations for projects that meet the health needs of our community. Thus far this year, almost \$10,000 have been disbursed for the following projects:

Sensoscan monitoring devices were approved for Faith Hospice in the amount of \$1,500.

\$3,000 worth of new instruments for the musical therapy program at Senior Sing-A-Long.

A major grant of \$5,450 was given to the Children's Healing Center that will fund the creation of a mental health program for their families.

In addition to reviewing grant applicants, our Foundation Board has been revising its grant application process to focus our efforts on meeting the greatest needs in our community — mental health, substance abuse, obesity, and poor nutrition, as well as bridging the gap for individuals when insurance will not cover necessary medical expenses. See our webpage (www.kcmsalliance.org/foundation) for more information. We have two more grant cycles (March and May) before the end of the Foundation's fiscal year.

spring calendar

3 | 12 **Foundation Board Meeting**
10am Masonic Center | GR

3 | 19 **Book Club**
Noon "The Buried Giant" by Kazuo Ishiguro,
Schuler Books

3 | 19 **Time & Talent: Cooking & Serving
Dinner for Cancer Patients &
Caregivers** staying at the American
Cancer Society Hope Lodge
Peter M. Wege Guest House | GR
To sign up, please contact
timeandtalent@kcmsalliance.org

4 | 10 **FUNdraiser: Shop, "Gaze" into Your
Future, & Dine in Gaslight Village**
Blackbird East | GR
Wine & appetizers served 4:30-7:30 pm.
Free tarot card readings at the store.
Olive's Restaurant & Bar | GR
6-9 pm Both establishments will
donate a portion of sales to us when
you mention the Foundation at checkout.

4 | 15 **Mini Grant Applications Due**
Please submit online at
www.kcmsalliance.org or email to
foundation.president@kcmsalliance.org.
See website for application and details.

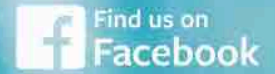
4 | 16 **Book Club**
Noon "The Dinner List" by Rebecca Serle,
Schuler Books

4 | 23 **Annual Luncheon**
11:30am-1:30pm Paddock Place | GR. Celebrate
another fabulous Alliance year with
the induction of our new board.

4 | 26-27 **Michigan State Medical Society
Alliance Annual Session** | East Lansing
Kent County's own, Karen Begrow,
will be installed as MSMSA's 2019-20
president.

We want to connect with you!

Join the Alliance online today at:
kcmsalliance.org



Event Recap winter

November

Site Visit: Court Appointed Special Advocates (CASA)

The Alliance has supported children leaving foster care for over 15 years through our donations to "Judge Gardner's Closet." We visited the courthouse to learn more about foster care with a presentation about CASA volunteer advocates who aid foster children in the family court system.



December

Social: Holiday Open House

This annual tradition of gathering for camaraderie and bringing home baked cookies for the families of Baxter Child Development Center continued thanks to our host Debbie Shumaker who welcomed us into her warm home.



Time & Talent: Baxter Child Development Center Party

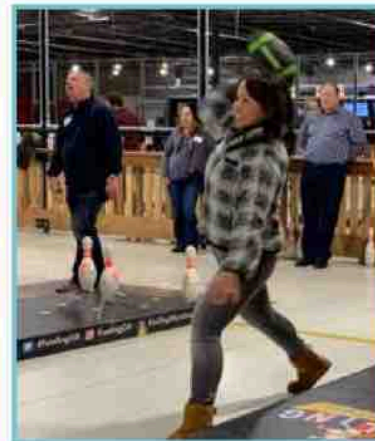
Members threw a holiday carnival for kids and presented the Center with donated classroom gifts, books for every student, and cookies for every family and staff person. Donations totaled approximately \$1,000!



February

Site Visit: West Michigan Center for Arts and Technology (WMCAT)

We explored the sensational new home of one of our 2018 major grant recipients.



FUNdraiser: Fowling Night Out

Members, spouses and friends had a blast at a FUNdraiser for the Alliance's grant programs.

All current and prospective members are welcome to attend any calendar event! For more information please use our website KCMSAlliance.org or email president@kcmsalliance.org

Spouses and partners of physicians, residents and medical students are encouraged to join the KCMS Alliance. You may pay membership dues for the 2018-19 year instantly at kcmsalliance.org/join. Our membership year is July 1-June 30. We would love for you to be on board this year.

KENT COUNTY HEALTH DEPARTMENT

Addressing the Rising Rates of Sexually Transmitted Infections in Kent County

NIRALI BORA, MD AND BRIAN HARTL, MPH

A press release by the CDC in August of 2018 highlighted the concerning trend of “steep and sustained increases” in sexually transmitted infections (STIs) over the past several years.

KCHD



Nirali Bora, MD
Kent County
Health Department
Medical Director

For the fourth consecutive year the number of cases of chlamydia, gonorrhea, and syphilis rose in 2017, a trend that continued in 2018. According to Jonathan Mermin, M.D., M.P.H, director of CDC’s National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention, “We are sliding backward. It is evident the systems that identify, treat, and ultimately prevent STDs are strained to near-breaking point.” Following national trends, Kent County has also experienced a significant increase in STI rates with rates above the average for the state of Michigan (Figure 1). STI rates in Kent County are the greatest among those 15 to 24 years of age (Figure 2), highlighting the need for screening and education among adolescents and young adults.

SPECIFIC POPULATIONS

Certain populations such as pregnant women, men who have sex with men (MSM), adolescents and young adults, and racial and ethnic minorities have unique considerations.

Screening recommendations are available from the CDC at <https://www.cdc.gov/std/tg2015/screening-recommendations.htm>.

- **PREGNANT WOMEN:** In 2017, the number of cases of congenital syphilis reached its highest point in 20 years. One-third of those women had been tested during pregnancy, but acquired syphilis after testing or were not treated in time. This sobering statistic highlights the need for screening pregnant women for STIs throughout pregnancy.

- **MSM:** MSM have a greater incidence of STIs including primary and secondary syphilis and antimicrobial-resistant gonorrhea than men who have sex only with women. Testing for oropharyngeal and rectal chlamydia and gonorrhea can identify asymptomatic infection in addition to testing for urogenital infections which are more likely to be symptomatic.

- **ADOLESCENTS & YOUNG ADULTS:** Because half of the new diagnoses of STIs each year occur among adolescents and young adults, sexually active individuals between the ages of 15-24 should be screened for infection.

- **RACIAL & ETHNIC MINORITIES:** There are disparities in rates of STIs among some ethnic and racial minority groups in the U.S. and in Kent County. Differences in access to quality health care, poverty, distrust of the health care system, provider bias or the perception of bias are some of the factors that contribute to the inequities.

Figure 1: Rates of chlamydia and gonorrhea, Kent County and State of Michigan, 2014-2018 Source: Michigan Disease Surveillance System

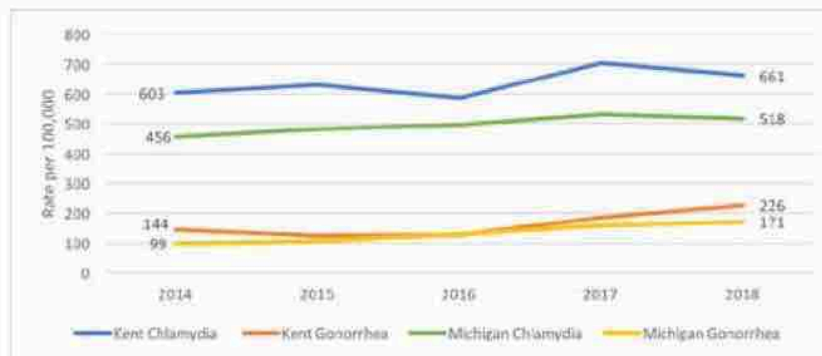
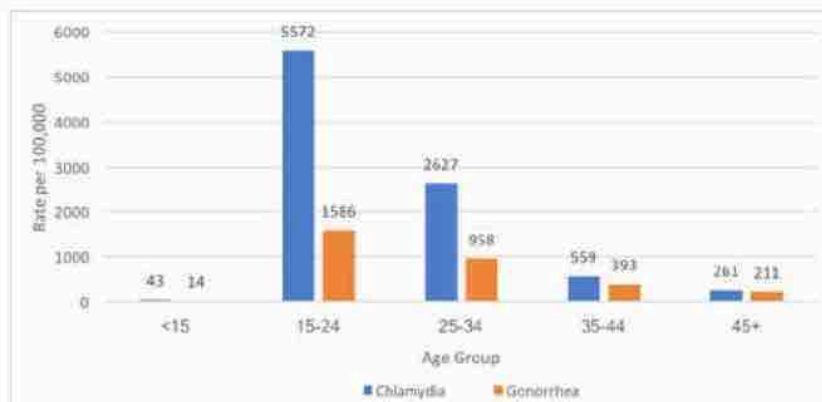


Figure 2: Chlamydia and gonorrhea rates by age group, Kent County, 2018 Source: Michigan Disease Surveillance System



KCHD

PREVENTION

In addition to behavior counseling and encouraging the use of barrier protection, promoting uptake of the HPV vaccine and pre-exposure prophylaxis (PrEP) for individuals at substantial risk of getting HIV can help prevent the acquisition of infection. The Michigan Department of Health and Human Services (MDHHS) has resources and guidance for physicians interested in providing PrEP available at https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2995_2982_74225-362309-,00.html.

RESOURCES FOR PHYSICIANS

Expedited partner treatment (EPT), the practice of treating the sex partners of patients diagnosed with chlamydia or gonorrhea by providing prescriptions to the patient to give to the partner without first examining the partner was legalized in Michigan in 2015 and has been found to be a safe and effective method of reducing STI rates. Guidance from MDHHS for health care providers in using EPT can be found at: https://www.michigan.gov/documents/mdch/EPT_for_Chlamydia_and_Gonorrhea_-_Guidance_for_Health_Care_Providers_494241_7.pdf

The Kent County Health Department provides free, confidential STI testing. Services are provided on an appointment basis by calling 616-632-7171.

References: <https://www.cdc.gov/media/releases/2018/p0828-increases-in-stds.html>



Notifiable Disease Report

Kent County Health Department
700 Fuller N.E.
Grand Rapids, Michigan 49503
www.accesskent.com/health

Communicable Disease Section
Phone (616) 632-7228
Fax (616) 632-7085

2018 Annual

Notifiable diseases reported for Kent County residents through end of month listed above.

DISEASE	NUMBER REPORTED		MEDIAN CUMULATIVE
	This Month	Cumulative 2018	Through December 2013-2017
AIDS	0	8	16
HIV	2	30	N/A
CAMPYLOBACTER	9	123	95
CHICKEN POX ^a	0	29	24
CHLAMYDIA	274	3974	3763
CRYPTOSPORIDIOSIS	2	31	17
Shiga Toxin Producing E. Coli	2	20	15
GIARDIASIS	1	24	61
GONORRHEA	118	1358	777
H. INFLUENZAE DISEASE, INV	1	9	11
HEPATITIS A	0	7	1
HEPATITIS B (Acute)	0	0	1
HEPATITIS C (Acute)	0	9	2
HEPATITIS C (Chronic/Unknown)	19	221	265
INFLUENZA-LIKE ILLNESS ^b	3665	47464	45715
LEGIONELLOSIS	2	20	6
LYME DISEASE	0	5	8
MENINGITIS, ASEPTIC	4	35	45
MENINGITIS, BACTERIAL, OTHER ^c	1	17	12
MENINGOCOCCAL DISEASE, INV	0	0	1
MUMPS	0	0	0
PERTUSSIS	1	11	20
SALMONELLOSIS	2	68	62
SHIGELLOSIS	0	20	17
STREP, GRP A, INV	1	20	32
STREP PNEUMO, INV	3	52	60
SYPHILIS (Primary & Secondary)	0	1	18
TUBERCULOSIS	1	12	12
WEST NILE VIRUS	0	11	0

NOTIFIABLE DISEASES OF LOW FREQUENCY

DISEASE	NUMBER REPORTED Cumulative 2018	DISEASE	NUMBER REPORTED Cumulative 2018
Dengue Fever	1	Kawasaki	4
Malaria	7	Guillain-Barre Syndrome	1
Blastomycosis	1		
Vibriosis - Non Cholera	2		
Creutzfeldt-Jakob Disease	3		

a. Chickenpox cases are reported primarily from schools. Confirmed and probable cases are included.

b. Includes "Influenza-Like Illness (ILI)" and lab-confirmed influenza. ILI cases have flu-like symptoms and are reported primarily by schools.

c. "Meningitis, Bacterial, Other" includes meningitis and bacteremia caused by bacteria OTHER THAN H. influenzae, N. meningitidis, or S. pneumoniae.

Except for Chickenpox, Campylobacter, Cryptosporidiosis, Shiga-Toxin Producing E. Coli, Salmonellosis, Shigellosis & Influenza-Like Illness, only confirmed cases (as defined by National Surveillance Case Definitions: <http://www.cdc.gov/nndss/script/casedefDefault.aspx>) are included. Reports are considered provisional and subject to updating when more specific information becomes available.

KCHD



Angela Thompson-Busch, MD, PhD
Assistant Dean, Michigan State
University College of Human
Medicine Grand Rapids Campus

MSU COLLEGE OF HUMAN MEDICINE

Shared Discovery Curriculum

In August 2016, the College of Human Medicine embarked on a revolutionary new medical school curriculum unlike any other in the country. We call it the Shared Discovery Curriculum (SDC). Our curriculum delivery is case-based and founded on a chief complaint every week (i.e., chest pain, dysuria, cough, headache, etc.)

Throughout the week, students participate in simulation, small group elaboration, team-based learning and clinical experiences that help them integrate various basic science and clinical science together for that chief complaint. If the weekly topic is dyspnea, the students will learn about congestive heart failure, COPD, asthma – and the physiology, anatomy, pharmacology, microbiology pertaining to those diseases all at the same time. The curriculum content is delivered online through **JUST IN TIME MEDICINE** and is available to anyone to review at www.justintimemedicine.com.

Many medical schools in the country are trying new ways of training medical students because, in fact, the way we were all trained has no evidence to prove that it is the best way to learn to be a doctor.

Our students are now midway through their third year. Thus far, we have some good news. The students have taken USMLE Step I, and the average score is up 6 points. This puts MSU College of Human Medicine at or above the national average for the first time in

more than 10 years. We are hopeful that this trend continues with USMLE Step 2 CK and CS. Our students are more comfortable at the onset of their third year with their clinical and interactive skills. Finally, students report better relationships with faculty as there is much more face-to-face time with faculty in small groups.

If you have been wondering about how you can do some teaching of medical students... now is the time. We have opportunities for any type of physician as small group leaders, simulation observers, or participants in panel discussions. Feel free to reach out if you interested in ways to be involved Angela.Busch@hc.msu.edu.

MSU-CHM



BRIAN FLEETHAM AND ANDREW SPARKS
DICKINSON WRIGHT PLLC | GUEST CONTRIBUTORS

Overview of Overpayment Obligations

Section 6402(a) of the Affordable Care Act codified the requirement of health care providers to identify, report, and repay reimbursement overpayments from Medicare Part A or B. The Centers of Medicare and Medicaid Services previously released final rules for those obligations. This article provides a review of those requirements.

LAW

UNDER THE ACT, providers are legally obligated to report and return any overpayment within 60 days after “the date on which the overpayment is identified.” 42 U.S.C. § 1320a-7k(d)(2). The failure to return an overpayment may be a violation of the False Claims Act. *Id.* at 1320a-7k(d)(3). CMS’s final rule clarifies that a provider is entitled to conduct the auditing and investigative work required to determine the overpayment amount before the 60-day clock starts to run: “The 60-day time period begins when either the reasonable diligence is completed or on the day the person received credible information of a potential overpayment if the person failed to conduct reasonable diligence and the person in fact received an overpayment.” 81 Fed. Reg. at 7660. The regulations define credible information as “information that supports a reasonable belief that an overpayment may have been received.” CMS has advised that “contractor overpayment determinations are always a credible source of information for other potential overpayments.” 81 Fed. Reg. at 7667.

PROVIDERS HAVE UP TO SIX MONTHS to conduct reasonable inquiries into potential overpayments before the 60-day clock starts. While “extraordinary circumstances” might justify additional time, providers should plan on no more than eight months to report and return overpayments to Medicare. The final rule also includes a six-year lookback period to determine the extent of any overpayments, which needs to be considered as part of any internal investigation of possible overpayments. 81 Fed. Reg. at 7654.

CMS DOES NOT ALLOW providers to simply ignore evidence of possible overpayments. The final rule expressly states that an overpayment has been identified “if the person fails to exercise reasonable diligence and the person in fact received an overpayment.” 81 Fed. Reg. at 7683. While “reasonable diligence” is fact dependent, CMS has indicated that it “includes both proactive compliance activities conducted in good faith and in a timely manner by qualified individuals in response to obtaining credible information of a potential overpayment.” 81 Fed. Reg. at 7661. Of particular importance, the rule states that “undertaking no or minimal compliance activities to monitor the accuracy and appropriateness of a provider or supplier’s Medicare claims would expose a provider or supplier to liability under the identification standard articulated in [the rule] based on failure to exercise reasonable diligence if the provider or supplier received an overpayment.” 81 Fed. Reg. at 7661.

CMS ENCOURAGES THE USE of statistical sampling and extrapolation to investigate and calculate overpayment amounts. The final amount of an overpayment is not typically the full amount of the claim, though, but rather the difference between the amount that was paid and the amount that should have been paid. However, fraudulent claims or claims tainted by violations of the federal anti-kickback statute or the Stark law must be returned in their entirety.



HEALTH CARE PROVIDERS faced with a potential overpayment issue should first thoroughly investigate all credible allegations of overpayments. The failure to do so could turn an overpayment situation into a False Claims Act violation and thus add the possibility of criminal penalties. When investigating possible overpayment issues, providers should assume all overpayment issues will be brought to the attention of the government and act accordingly.

THE CASE OF UNITED STATES V. CONTINUUM HEALTH PARTNERS, Inc., et al., illustrates this point. In Continuum, the health system was alerted about a small number of overpayments. Continuum hired a consultant to look into the matter, who identified hundreds of potential overpayments. The health system fired the consultant instead of returning the overpayments. The consultant subsequently filed a whistleblower lawsuit, alleging Continuum committed fraud by failing to return the overpayment. The health system eventually settled the case for \$3 million dollars. That total included the overpayment — \$850,000 — and \$2.15 million in penalties.

WHILE THE CONTINUUM SETTLEMENT OCCURRED before CMS finalized its overpayment rule, it serves as a cautionary tale of the dangers of ignoring evidence of overpayments. Providers should assume that both the

Department of Justice and the attorneys who represent whistleblowers are fully aware of the overpayment rule and will aggressively use that requirement as part of any litigation. Health care providers can be assured that government attorneys will thoroughly explore a provider's

compliance and other internal monitoring programs as part of opening a False Claims Act investigation, including demanding to see a provider's guidelines for investigating and evaluating potential overpayment issues. The DOJ will establish a full and accurate timeline for when an issue was, or should have been, first identified, as well as a list of all knowledgeable individuals. Particular emphasis is likely to be placed on identifying the ultimate decision maker for returning overpayments, as personal liability can apply in some circumstances. Whistleblowers will increasingly pursue "reverse" false claims theories of liability premised on failing to refund overpayments. Finally, the government will delve into the resources and emphasis placed on fulfilling the provider's repayment obligations to determine whether False Claims Act liability exists.

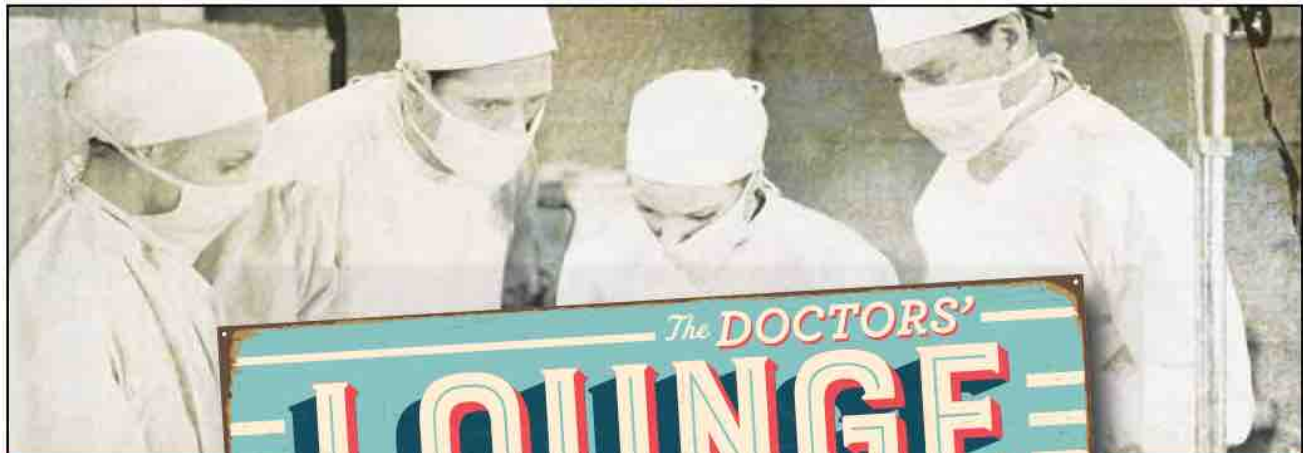
TO HELP PROTECT AGAINST THESE ISSUES, providers should have in place an effective compliance program and should diligently address any credible allegation of overpayments. While no provider wants to return money, the risks associated with keeping potentially tainted funds outweigh the costs of refunds.

Andrew Sparks is a member of Dickinson Wright PLLC's Lexington office and is a former federal prosecutor with extensive experience with health care fraud and false claims act cases. Brian Fleetham is a member of Dickinson Wright PLLC's Grand Rapids office and focuses his practice on health law matters, representing physician practices, individual physicians, and other health care providers.




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