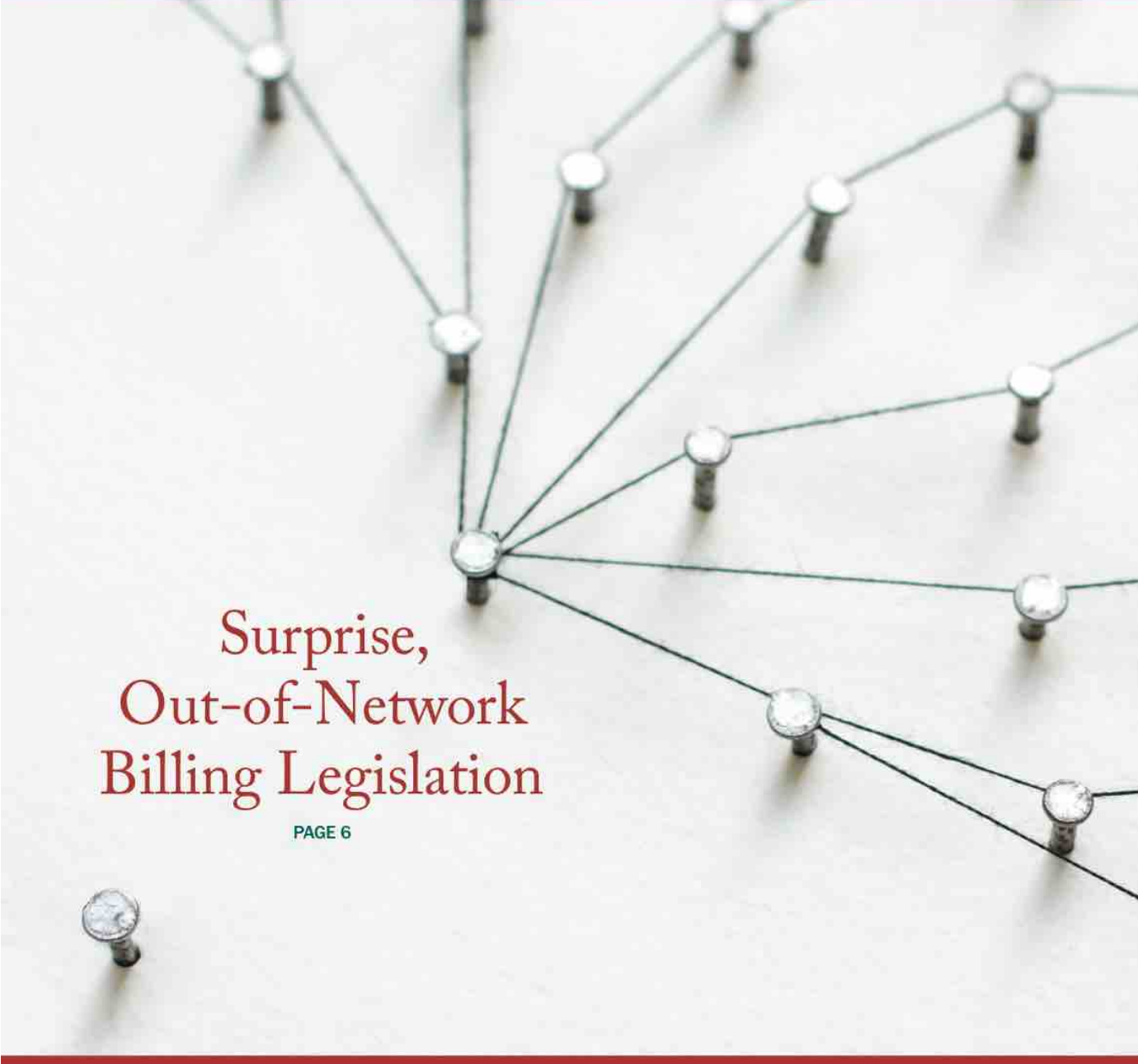




Bulletin

THE OFFICIAL JOURNAL OF THE KENT COUNTY MEDICAL SOCIETY & THE KENT COUNTY OSTEOPATHIC ASSOCIATION

WINTER 2019

A network diagram is formed by several silver pushpins on a light-colored surface. Thin black lines connect the pins, creating a web-like structure. One pin in the lower-left quadrant is isolated, while others are interconnected in a complex pattern.

Surprise, Out-of-Network Billing Legislation

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Advocacy in Action

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Physician Members in the Community

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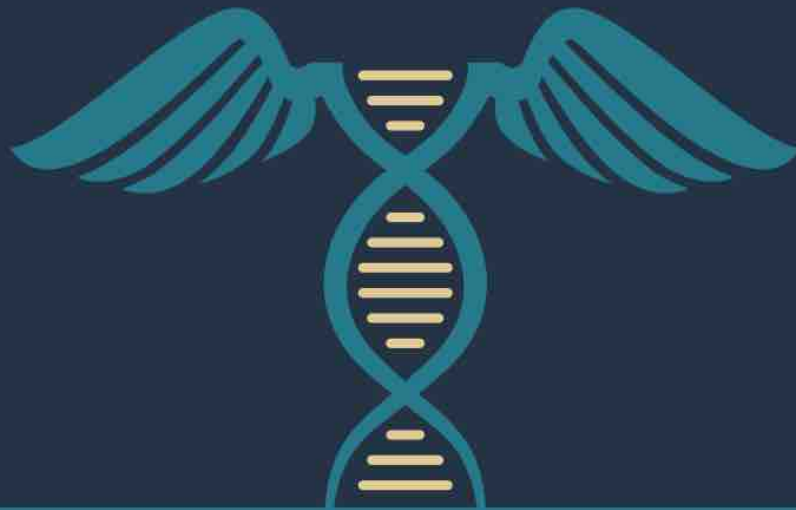
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- Patrick J. Droste, MS, MD
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- Herman C. Sullivan, MD

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WINTER 2019 • Vol. 104, No. 4



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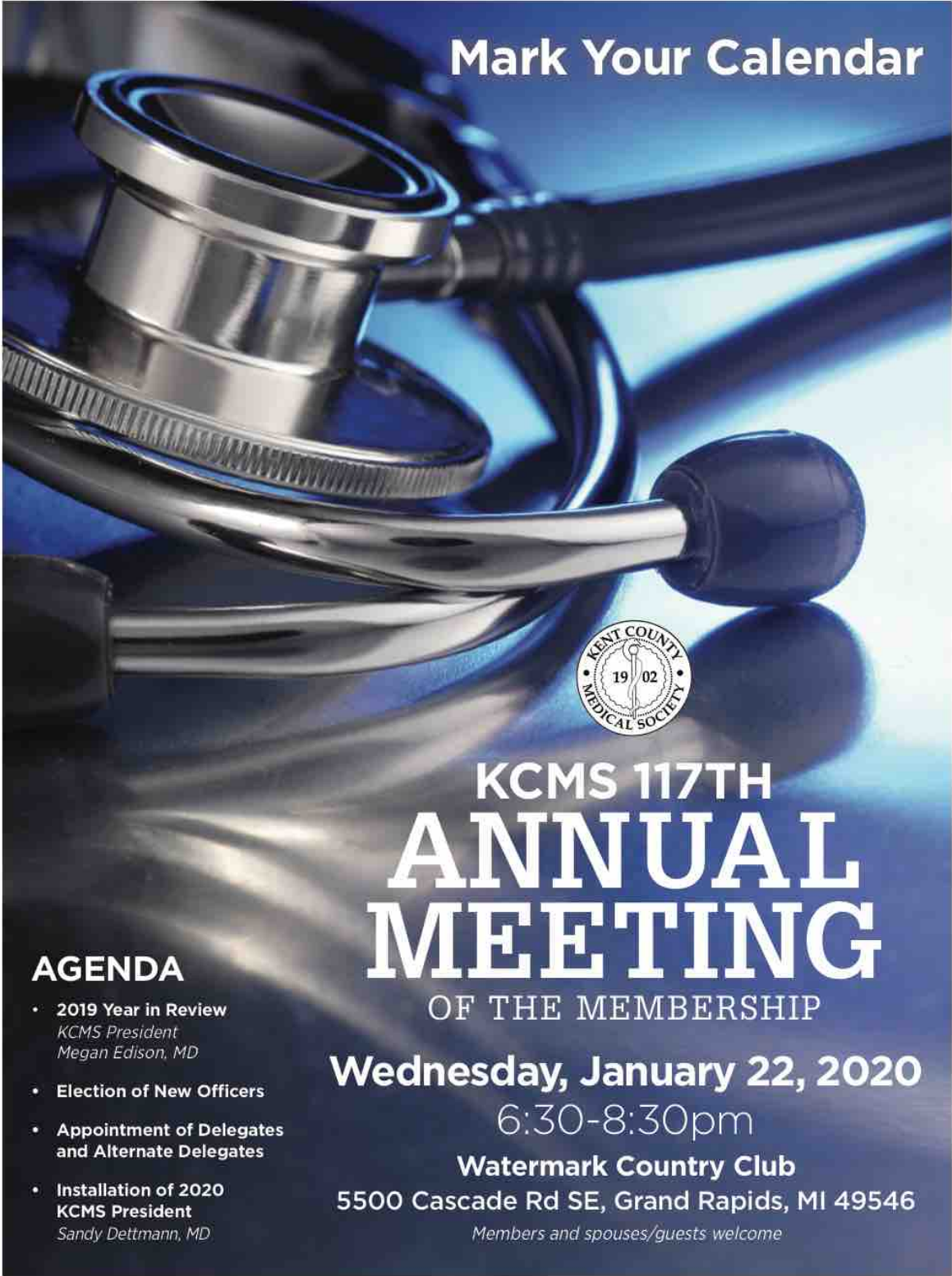
CONTRIBUTORS

- 15** MSU - College of Human Medicine
- 18** Kent Medical Foundation
- 22** Alliance Heartbeat
- 24** Kent County Health Department


GET INVOLVED:

Learn more about the Kent County Medical Society at www.kcms.org.

Learn more about the Kent County Osteopathic Association at www.kcoa-mi.org.



Mark Your Calendar



**KCMS 117TH
ANNUAL
MEETING**
OF THE MEMBERSHIP

AGENDA

- **2019 Year in Review**
*KCMS President
Megan Edison, MD*
- **Election of New Officers**
- **Appointment of Delegates
and Alternate Delegates**
- **Installation of 2020
KCMS President**
Sandy Dettmann, MD

Wednesday, January 22, 2020
6:30-8:30pm
Watermark Country Club
5500 Cascade Rd SE, Grand Rapids, MI 49546
Members and spouses/guests welcome

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Eric L. Larson, MD

John B. O'Donnell, MD

John E. vanSchagen, MD

David W. Whalen, MD

Phillip G. Wise, MD

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Scott Russo, MD

Herman C. Sullivan, MD



Join Us

KCMS MEETINGS OF INTEREST

FEBRUARY 1, 2020

DRAFT RESOLUTIONS DUE TO KCMS OFFICE

FEBRUARY 10, 2020

KCMS/KCOA LEGISLATIVE LUNCHEON

Masonic Center | Noon

MARCH 1, 2020

RESOLUTIONS DUE TO MSMS

MARCH 30, 2020

REGION 8 DIRECTORS' BRIEFING DINNER

Masonic Center | 6:30pm

APRIL 20, 2020

KCMS/KCOA LEGISLATIVE LUNCHEON

Masonic Center | Noon

APRIL 25-26, 2020

MSMS HOUSE OF DELEGATES

The Henry | Dearborn

Check Your Referral Guide Information

Have you updated your West Michigan Doctor Referral Guide listing? Thank you to those who have turned in their update forms! If you have yet to do so, please visit www.westmichigandoctors.com and check to be sure your listing information is up to date.

HAVE CHANGES?

If you have any changes to make, please call the KCMS office at 458-4157 and we'll be glad to take care of that for you!



Megan Edison, MD
2019 KCMS President,
Board of Directors

PRESIDENT'S MESSAGE

Surprise, Out-of-Network Billing Legislation

Michigan State Medical Society in partnership with county offices continues to work on legislation introduced in Michigan – HB 4459 and 4460 – that seeks to address the issue of unanticipated, out-of-network (OON) medical billing. As introduced, the legislation includes a payment standard of 150 percent of Medicare rates for out-of-network cases.

The legislation also includes provisions around patient notification in cases when a service is anticipated, or non-emergent.

MSMS supports that patients should be held harmless from unanticipated, out-of-network medical bills and believes the most effective approach – and where we have seen robust success in other states – allows the insurers and providers to negotiate in good faith with an independent dispute resolution process as a backstop for the rare cases when negotiations break down.

MSMS continues to deploy grassroots action alerts, and engage in discussions with legislative staff and lawmakers, including leadership to – at the very least – slow the process down and make our concerns heard. Separately, MSMS will continue to advocate for a repeal or adjustment to the payment benchmark along with a separate bill that amends the Insurance Code to addresses dispute resolution and network adequacy.

The House Health Policy Committee voted on the package of bills, which passed. The Ways and Means Committee will not take up the issue until December, at the earliest. All physicians, office staff and supporters should contact their representative and senators, especially if they sit on House Ways and Means or Senate Insurance Committee.

See page 14 for Dr. Eric Larson's message on surprise, out-of-network billing legislation.

LAWMAKER CONTACT INFORMATION

- **Representative Steven Johnson** (R-72)
517-373-0840
StevenJohnson@house.mi.gov
- **Representative Lynn Afendoulis** (R-73)
517-373-0218 LynnAfendoulis@house.mi.gov
- **Representative Mark Huizenga** (R-74)
517-373-8900
MarkHuizenga@house.mi.gov
- **Representative David LaGrand** (D-75)
517-373-2668 DavidLaGrand@house.mi.gov
- **Representative Rachel Hood** (D-76)
517-373-0822 RachelHood@house.mi.gov
- **Representative Tommy Brann** (R-77)
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- **Representative Luke Meerman** (R-88)
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- **Representative Jim Lilly** (R-89)
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- **Representative Bradley Slagh** (R-90)
517-373-0830 BradleySlagh@house.mi.gov
- **Senator Aric Nesbitt** (R-26)
517-373-0793
SenANesbitt@senate.michigan.gov
- **Senator Peter MacGregor** (R-28)
517-373-0797
SenPMacGregor@senate.michigan.gov
- **Senator Winnie Brinks** (D-29)
517-373-1801
Senwbrinks@senate.michigan.gov

The Problems with the Current “Fix”

MSMS agrees that no patient should receive a bill for a service that is provided by an out-of-network (OON) physician or provider in emergency situations or when a patient does not have the ability to choose or the only physician/provider available is OON. Unfortunately, the legislation introduced in Lansing amounts to a one-sided approach, heavily in favor of insurance companies.

This price-fixing approach, modeled off California (CA), is being touted as a “simple fix” but it is far from the solution. Why isn't it a simple solution?

- Fixed rates in CA have led to insurers rescinding multiple physician contracts; thereby, denying patients access to those physicians, and we've seen this same pattern emerging in Michigan as a direct result of this debate;
- Fixed rates in CA have also exacerbated consolidation as independent practices are forced to close doors and become absorbed by bigger health systems — this only drives up costs;
- The vast majority of physicians in Michigan have limited to no ability to negotiate contracts; therefore, a fixed fee schedule drives down prices below market rate;
- Most surprise bills are a result of patients not understanding the cost-sharing obligations built into their insurance coverage, not from out-of-network physician/providers;
- This legislation fails to hold insurers accountable for the products they sell to patients and will make insurance companies even more powerful at the expense of physicians and the patients they care for every day.

Take action today!
Write your lawmaker
at <http://msms.org/oon>

A COMPREHENSIVE SOLUTION TO PROTECT PATIENTS

Michigan patients need a more balanced approach. MSMS strongly supports inclusion of the following in any surprise billing fix:

1. Hold patient harmless from surprise OON bills.
2. Once patients are protected from surprise OON bills, physicians/providers and insurers should be permitted to negotiate payment rates for services provided with an independent dispute resolution process as a backstop in the small percentage of cases when negotiations break down.
3. Robust network adequacy standards and enforcement to ensure patients are protected from insurers who may be incentivized to reduce or cancel physician contracts.
4. Insurers should have accountability for the products they sell to patients, including notification to enrollees about benefit coverage and any OON cost-sharing they may incur.
5. Insurers should make accurate, up-to-date physician/provider directories easily available to patients and physicians/providers.

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KCMS Members Honored for Volunteer Service

KCMS Past Presidents, and longtime members, Paul Farr, MD, and Gregory Forzley, MD, are being honored for their service and dedication with the MSMS Foundation Board of Directors.

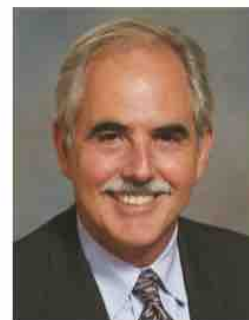
Doctor Forzley joined the Foundation Board in 2004. He is a Legacy Donor and has ably fulfilled his role as Treasurer for many years. Previously, he served as Chair of the MSMS Board of Directors.

Doctor Farr joined the Foundation Board in 2007. Previously, he served as MSMS President and member of the MSMS Board of Directors.

The MSMS Foundation was created in 1945 by Michigan physicians. Its mission is to support public or professional education, research programs and projects in the field of health; to encourage the advancement of healthy lifestyles and the prevention, diagnosis or cure of disease; to offer support for physicians who suffer impairment; and to provide a resource for the management and distribution of signature funds or bequests designated for special purposes.



DR. PAUL FARR



DR. GREGORY FORZLEY

Kent County Resolution Approved at AMA Interim Meeting

On November 19, the Michigan Delegation to the American Medical Association (AMA) attended the Interim Meeting. From Council representation to testimony to serving on Reference Committees, Michigan's Delegation worked hard to influence national health care policy.

A Resolution authored by Jayne E. Courts, MD of Kent County Delegation, entitled Centers for Medicare and Medicaid Services Open Payment Program was among eight Michigan originated Resolutions reviewed by the AMA Delegation and among six approved by the AMA Delegation.

Centers for Medicare and Medicaid Services Open Payment Program

Author: Jayne E. Courts, MD

RESOLVED: That our American Medical Association amend current policy H-140.848, "Physician Payments Sunshine Act," by addition and deletion to read as follows: Our AMA will: (1) continue its efforts to minimize the burden and unauthorized expansion of the Sunshine Act by the Centers for Medicare & Medicaid Services (CMS) and will recommend to the CMS that a physician comment section be included on the "Physician Payments Sunshine Act" public database; (2) lobby Congress

to amend the Sunshine Act to limit transfer of value reporting to items with a value of greater than \$100; (3) advocate that: (a)(i) any payment or transfer of value reported as part of the Physician Payments Sunshine Act should include whether the physician acknowledged receipt of said payment or transfer of value, and (ii) each payment or transfer of value on the Open Payments website indicates whether the physician verified the payment or transfer of value; and (b) a contested reported payment or transfer of value should be removed immediately from the Open Payments website until the reporting company validates the compensation with verifiable documentation.; and (4) support significant modifications to the Sunshine Act, such as substantially increasing the monetary threshold for reporting, that will decrease the regulatory and administrative burden on physicians, protect physician rights to challenge false and misleading reports, change the dispute process so that successfully disputed charges are not included publicly on the Open Payments database, and provide a meaningful, accurate picture of the physician-industry relationship; (5) support the expansion of the definition of "covered recipients" to include pharmacists and Pharmacy Benefit Managers; and (6) continue to educate physicians about the Sunshine Act and its implications in light of publicly available data on the CMS Open Payments Program website.

Congratulations

Celebrating Physicians 50 Years in Medicine

The following physicians were the recipients of the MSMS award for having graduated from medical school in 1969, 50 years ago. It is with great pleasure that we celebrate the contributions of dedication to their discipline, training of new physicians and generosity to their patients.

- William H. Beute, MD
- Bruce A. Masselink, MD
- Nadia O. Metwalli, MD
- N. Thomas Peterson, MD
- Richard W. Pietras, MD
- Leslie B. Wong, MD

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- Call 458-4157

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Attendees: Kent Delegation Chair David Whalen, MD; KCMS Board President Megan Edison, MD; Belén Amat, MD; Jayne Courts, MD; Sandy Dettmann, MD; Bryan Huffman, MD; MSMS Director of Medical and Regulatory Policy Stacey Hettiger; Eric Larson, MD; Gerald Lee, MD, and Rose Ramirez, MD

Resolution Brainstorming Session

The Kent and Ottawa Delegation (Region 8) met on November 11 to discuss resolutions for the Michigan State Medical Society House of Delegates. Delegates and Alternate Delegates brainstormed and proposed ideas for several draft resolutions. The 2020 MSMS House of Delegates will convene Saturday, April 25, 2020 in Dearborn.



PHYSICIAN VOLUNTEERS MAKE A DIFFERENCE!

Physicians from the Kent and Ottawa county medical societies volunteer their time, interest and energy to make policy changes that respond to concerns of physicians. Along with other volunteers across the state, these physician volunteers help to improve the practice of medicine for all physicians in the state of Michigan.

In Memoriam

CRAIG T. ALGUIRE, MD

Dr. Craig Alguire passed away on October 11, 2019. Dr. Alguire received his medical degree from University of Michigan Medical School and completed his residency in internal medicine and a cardiology fellowship at the University of Michigan. Dr. Craig Alguire was a member of the KCMS since 2010.

LOUIS HELDER, MD

Dr. Louis Helder passed away on October 10, 2019. Dr. Helder received his medical degree from University of Michigan Medical School. He served in World War II as an Army Intelligence officer and as an obstetrician/gynecologist for over 40 years. Dr. Louis Helder was a member of the KCMS since 1956.

CHARLES E. MORRILL, MD

Dr. Charles Morrill passed away on December 2, 2019. Dr. Morrill received his medical degree from the University of Michigan and trained in family practice at Blodgett

Memorial Hospital. He practiced in the area until his retirement in 1994. Dr. Charles Morrill was a member of the KCMS since 1975.

M.S. "SAL" PISKIN, MD

Dr. Sal Piskin passed away November 20, 2019. Dr. Piskin received his medical degree from the University of Istanbul in Turkey and trained in the states as a tuberculosis specialist. He came to Grand Rapids from Detroit in 1958 and practiced for over 30 years before retiring in 1989. Dr. Sal Piskin was a member of the KCMS since 1959.

ROBERT K. RICHMOND, MD

Dr. Robert Richmond passed away on September 25, 2019. He served three years in the US Army and earned his medical degree from the University of Michigan. Dr. Richmond practiced in Grand Rapids his entire career, serving as a general practice and emergency room physician. Dr. Robert Richmond was a member of the KCMS since 1969.

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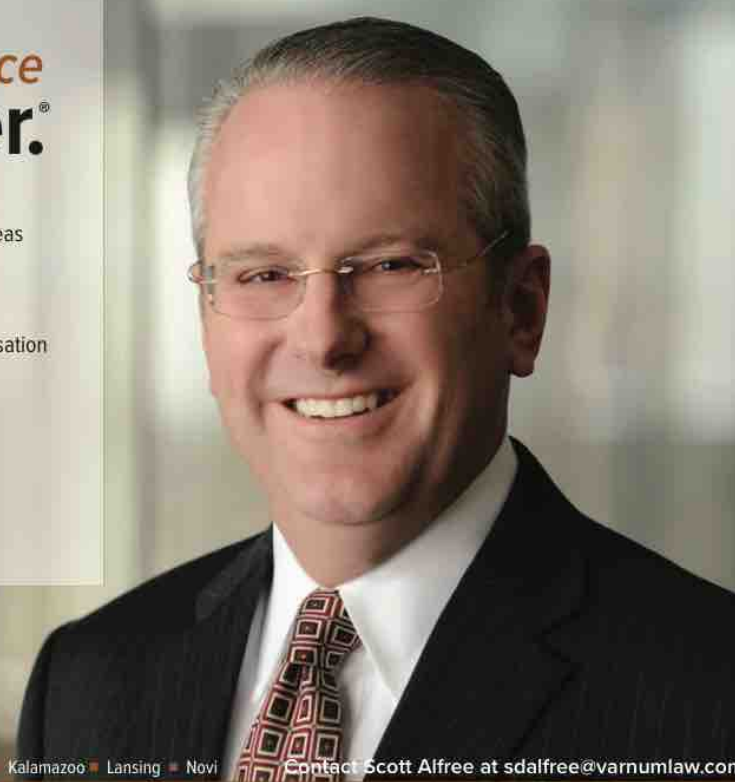
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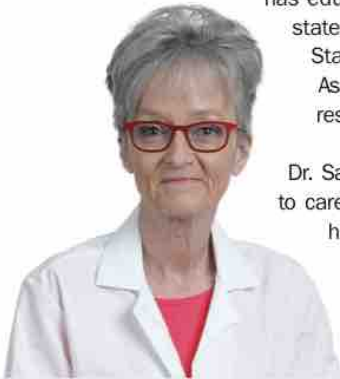
Introducing KCMS President-Elect Sandy K. Dettmann, MD

Working tirelessly to care for and protect her patients, while mentoring the doctors of tomorrow

Dr. Sandy Dettmann is an emergency medicine physician and is double board-certified in addiction medicine and preventive medicine. She specializes in using medicine-based assisted treatment to help those who are dependent on drugs and alcohol.

Her passion to educate on behalf of a sometimes-forgotten community, has fueled her tireless energy to reach out to patients, families, medical professionals and the community – to learn about addiction, to know how to prevent it, and to be compassionate for those who are addicted.

Dr. Dettmann educates and mentors our future medical community with her work at the Michigan State University College of Human Medicine or the Grand Valley State University Kirchoff School of Nursing. She has educated colleagues and legislators around the state and stays actively involved with the Michigan State Medical Society and American Medical Association by writing and presenting powerful resolutions to current medical practices.



Dr. Sandy Dettmann has made it her life's mission to care for and protect the rights of individuals who have been shamed, blamed, punished, and marginalized in society for their diseases – drug addiction. She currently practices at Mercy Health in the Grand Rapids area.

DR. DETTMANN'S EDUCATION

University of Michigan
Bachelor of Science, Biology

Michigan State University College of Human Medicine

Doctor of Medicine

DR. DETTMANN'S RESIDENCY & FELLOWSHIP TRAINING

Surgical Internship

Butterworth Hospital
Grand Rapids, Michigan

General Surgery Residency

Butterworth Hospital
Grand Rapids, Michigan

Emergency Medicine Residency

Butterworth Hospital
Grand Rapids, Michigan

Pediatric Emergency Medicine Fellowship

Children's Hospital of Michigan
Detroit, Michigan

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Contributions or gifts to the Michigan State Medical Society (MSMS) and Kent County Medical Society (KCMS) are not tax deductible as charitable contributions for federal income tax purposes. However, a portion of your dues may be tax deductible as ordinary and necessary business expenses.

MSMS estimates that 12% of your 2020 dues will be nondeductible as this portion is allocable to lobbying as defined by law. If you pay for your 2020 MSMS dues prior to

December 31, 2019, you may deduct up to 88% of that as a business expense.

KCMS estimates that 3% of your 2020 dues will be nondeductible as this portion is allocable to lobbying as defined by law. If you pay for your 2020 KCMS dues prior to December 31, 2019, you may deduct up to 97% of that as a business expense.

**REMINDER: PROMPT PAYMENT
OF YOUR KCMS DUES
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IV League Breakfast

The IV League (of retired members of the Kent County Medical Society and the Kent County Osteopathic Association) gathered for a casual breakfast in early October at Arnie's at Centerpoint. Kent Medical Foundation Board Chair Paul Nicholson welcomed the attendees.

We look forward to hosting more IV League Breakfasts in 2020!



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COLLABORATION

COLLABORATION

Advocacy in Action

HEALTH CAN'T WAIT

In addition, West Michigan physicians, and physicians from all over Michigan, partnered with MSMS and traveled to Lansing on October 30th for the Health Can't Wait Action Day to meet with legislators regarding challenges with Prior Authorization. The societies and members are grateful for the time and interest of members of the Michigan House and Senate who have participated in this year's legislative luncheons and other meetings and events.



KCMS Past President Dr. Rose Ramirez (fourth from right) of Jupiter Family Medicine and other Health Can't Wait coalition members met with State Representative Mark Huizenga (74th District) and staff in Lansing.



SURPRISE, OUT-OF-NETWORK BILLING

Senator Aric Nesbitt (26th District) and State Representatives Lynn Afendoulis (73rd District), Tommy Brann (77th District) and Mark Huizenga (74th District), met with KCMS and KCOA physician members to discuss House Bills 4459 & 4460 regarding Surprise, Out-of-Network Billing.



KCMS member Dr. Josh Suderman, of the Javery Pain Institute, met with State Senator Winnie Brinks (29th Senate District) to discuss the need for prior authorization reform and the Health Can't Wait initiative.

From the Desk of Eric Larson, MD

If you're a physician or a patient in the state of Michigan, you should be very concerned with pending legislation in Lansing (HB 4459/4460 & SB 570-573).

In order to protect patients from surprise medical bills, a number of state legislators have crafted some bills to give insurance companies the power to fix prices. Worse, health professionals (physicians, NPs, PAs, CRNAs, etc.) will have to accept whatever pay the insurance company wants to pay without a way to negotiate.



This will make it more difficult to keep and recruit great health care professionals putting all of our health care needs at risk. Please take a second to sign the petition and tell our legislators to rethink these bills and change them to match other states where they balance

the interests of the insurance companies against those of the patients and professionals. The petition takes 5 seconds to sign and then forward to family members and friends. The link is: <http://chnng.it/b5KCQdhp>

You can learn more at my brief emergency podcast episode (www.theparadocs.com/insurance). Be sure to listen and share with anyone who is in Michigan — especially if they are a health professional.

Thanks,
Eric

KCMS Past-President Eric Larson, MD, is a practicing anesthesiologist in Grand Rapids, MI, and wants to alert people to this bad legislation moving through Michigan.

MSU COLLEGE OF HUMAN MEDICINE

Change & Growth

John Maxwell once said that “Change is inevitable. Growth is optional.” Here at Michigan State University (MSU) College of Human Medicine we are certainly amidst many exciting changes and looking forward to the growth that will come because of this change.



Angela Thompson-Busch, MD, PhD
Assistant Dean, Michigan State
University College of Human
Medicine Grand Rapids Campus

Our new university president is Samuel L. Stanley, MD. He comes to us from Stony Brook University and is committed to improving safety and accountability for MSU’s health colleges and clinics. In October, he announced administrative reorganization of the colleges of Human Medicine, Osteopathic Medicine and Nursing and MSU’s clinical operations. As part of this reorganization, our College of Human Medicine Dean Norman J. Beauchamp Jr., MD, MHS, moved into the newly created position of executive vice president for health sciences to oversee and better align our patient care, medical research and nursing and medical education.

With Dr. Beauchamp stepping down from this dean role, Aron Sousa, MD, was once again appointed interim dean during the search process. Dr. Sousa, senior associate dean for academic affairs, has been faculty at MSU since 1999 and served as interim dean at the College of Human Medicine in 2015 when former dean Marsha

Rapley announced her departure. In his place, Dr. Dianne Wagner will act as the interim senior associate dean of academic affairs along with her position as associate dean for undergraduate medical education.

Another advancement underway in our college

is the recent groundbreaking ceremony for the new Doug Meijer Medical Innovation Building in Grand Rapids. The building is named for Doug Meijer in recognition of a generous gift he and the Meijer Foundation recently made to MSU. Doug’s passion for cancer research is a



Doug Meijer Medical
Innovation Building

result of his own experience with lifesaving technology that will soon be available in West Michigan through new imaging equipment and a cyclotron-equipped radiopharmacy in the building.

The project will drive innovation through public-private partnerships (P3s) aimed at bringing new life science discoveries to market. Anticipated work at the innovation center will include research, testing and commercialization of new therapies and medical devices.

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SCIENTIFIC CONVENTION AND HOUSE OF DELEGATES**

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JUNE 1, 2020

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Gary Marsiglia, DO

C. Eugene Soechtig, DO

Adam Wolfe, DO

John Wolfe, DO

Check Your Referral Guide Information

Have you updated your West Michigan Doctor Referral Guide listing? Thank you to those who have turned in their update forms! If you have yet to do so, please visit www.westmichigandoctors.com and check to be sure your listing information is up to date.

HAVE CHANGES?

If you have any changes to make, please call the KCOA office at 458-4157 and we'll be glad to take care of that for you!



Adam Wolfe, DO
2019 KCOA President,
Board of Directors

PRESIDENT'S MESSAGE

KCOA Fall Social

Members of the KCOA attended the KCOA Fall Social on Friday, November 8. The social was held in conjunction with the Michigan Osteopathic Association Autumn Scientific Convention at the Amway Grand Plaza Hotel in Grand Rapids.



From left to right, KCOA Board Member, resident Claire Hammond, DO, with Kyle Vreeland, KCOA President Adam Wolfe, DO, and Joanne Grzeszak, DO.



SAVE THE DATE! MAY 14-17, 2020
Westin Southfield Detroit Hotel





KENT MEDICAL FOUNDATION



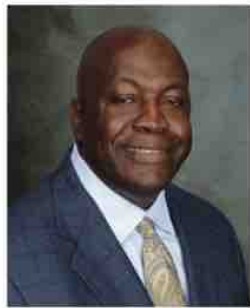
Paul Nicholson
2019 Kent Medical
Foundation, Board Chair

Physician Members in the Community

The Kent Medical Foundation Board recognizes contributions of physician members in the community with a \$250 donation in honor of the physician to the charity they support.

KMF

Contributing to Healthy Women



DR. KHAN NEDD

Calvin University hosts young girls at a five-day camp to learn about themselves, their bodies, their health and health careers to consider for the future. HEALTH Camp (Health Education and Leadership Training for a Hopeful future) is available for girls ages 9-15 from low socioeconomic and diverse racial backgrounds in Grand Rapids. The camp promotes health to young participants, introducing them to basic health concepts, including nutrition, exercise, reproductive health, maintaining mental health and self-esteem, team building, conflict resolution addressing anxiety, chronic diseases, social determinants of health, genetics, and cancer.

As HEALTH's main goal is to equip young people with knowledge and leadership skills that will help them desire and model how to live a



Campers listen attentively to Dr. Adejoke Ayoola.

healthy life with hope for a good future. A secondary goal is to introduce the roles and activities of health professionals including nurses, physicians and other allied health disciplines as possible career paths.

Launched in 2016, Calvin University's HEALTH Camp has benefited from many physicians and other health leaders in West Michigan. Dr. Khan Nedd has played a significant role in the growth of HEALTH Camp for several years through expertise and financial support. Dr. Nedd's background, including his role as founder and board co-chairperson of the Grand Rapids African-American Health Institute has been very valuable to the creation of HEALTH Camp and with the girls and parents in neighborhoods.

His many roles include CEO of Answer Health and president of Infusion Associates. Dr. Nedd serves on the Board of Directors for the Kellogg Foundation, Hospice of Michigan, and Hope Network, and is visible with local initiatives involving health programs that encourage improved health outcomes.



Above: Dr. Larry Gerbens addressing the class.



Left: Dr. Khan Nedd providing instruction.

Dr. Keller Gives Decades of Time



DR. NORM KELLER

A familiar face and active participant for the Kent County Osteopathic Association and local activities, Norm Keller, DO is a busy Grand Rapidian. As a physician, now retired and serving on the Board of Directors for the KCOA, Dr. Keller has given time, expertise and treasure to local and national organizations. He has done so individually, within teams, as a leader and as a net worker. As a busy family physician, he would give back on the field and side lines, ring side for the Grand Rapids and Michigan Golden Gloves, and as a physician contribute to planning committee meetings with local volunteers.

Whether volunteering as a team physician for Jenison Public School's athletic programs, the annual River Bank Race or serving on the Board of the Michigan Association of Osteopathic Family Physicians, Dr. Keller has done so — always humble, but with pride and enthusiasm. One of his current focus areas is that of his membership and commitment to the Saladin Shriners — a regional chapter of the national Shriners organization, a charitable society founded in 1872.

Dr. Keller supports the heritage of the Masonic Lodge, his is Doric #342; he is a life member of the Scottish Rite Valley of Grand Rapids and is a Life Member of Shriners International and the Saladin Shriners. Shriners raise funds to support local programs and efforts for children and for the Shriners Hospitals for Children — hospitals across the country that provide quality care to children with neuromusculoskeletal conditions, burn injuries and other special health care needs within a compassionate, family-centered and collaborative care environment.

Whether volunteering as a team physician for Jenison Public School's athletic programs, the annual River Bank Race or serving on the Board of the Michigan Association of Osteopathic Family Physicians, Dr. Keller has done so — always humble, but with pride and enthusiasm. One of his current focus areas is that of his membership and commitment to the Saladin Shriners — a regional chapter of the national Shriners organization, a charitable society founded in 1872.



Thank You 2019 Holiday Card Donors

Donations received by November 28 were included in the 2019 Holiday Card mailing. However, it is not too late to donate! End of the year donations to the annual Holiday Campaign will be accepted until December 31. All donor names will be listed in the 2020 Spring Bulletin magazine.



SHARE YOUR HOLIDAY WISHES

WHILE HELPING THE KENT MEDICAL FOUNDATION RAISE FUNDS TO SUPPORT COMMUNITY PROGRAMS

Contribute to this annual campaign and your name will be listed among other donors who have helped make the annual Holiday Card possible!

CONTRIBUTIONS

Holiday Card Campaign Gifts received by November 28 will be included in the annual Holiday Card, which will be mailed the first week in December. You can contribute in two ways:

CHECK

Please make check payable to Kent Medical Foundation. Complete donor form at right and mail to:


Kent Medical Foundation
233 East Fulton, Suite 222
Grand Rapids, MI 49503



ONLINE VIA PAYPAL
Go to www.kcms.org/kmf
or simply scan this QR code.

QUESTIONS?

Please contact the Kent Medical Foundation at 616-458-4157.



REGISTRATION

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KENT MEDICAL FOUNDATION

Holiday Card

CAMPAIGN

\$1,000 \$750

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Name(s): _____

Address: _____

Email: _____ Phone: _____

Please return to: Kent Medical Foundation | 233 East Fulton, Suite 222 | Grand Rapids, MI 49503

Last-Minute

CONTRIBUTION

It is not too late to support Kent Medical Foundation for 2019. While the holiday card, and list of donors will be mailed in early December, a full listing of all donors (including December donations) will be featured in the February 2020 Bulletin magazine. All donations will be recognized for the 2019 tax year in the month of December. Thank you for your generous support!

**CALL THE KCMS OFFICE
AT 616.458.4157 TO DONATE!**

Contributions are tax deductible.



Khan Nedd, MD, Mr. Jeff Pouba, and Dr. Gerald Lee.

Boy Scouts of America Physician Citizenship Award

The Kent Medical Foundation and doctors from the KCMS and KCOA were supportive of the recent Boy Scouts of America Physician Citizenship Award ceremony. The ceremony was held on October 7th at the Adventure Point – DeVos Family Center for Scouting in Grand Rapids. The following doctors were recognized for their continued support of the Boy Scouts of America as volunteers and leaders.

2019 PHYSICIAN CITIZENSHIP AWARD RECIPIENTS

- **Kenneth Fawcett, MD**
- **Ronald Hofman, MD**
- **Shelley Schmidt, MD**

KMF



Greg Deines, DO, and KCOA Board President Adam Wolfe, DO.



Gerald Lee, MD, and John Fox, MD.



John O'Donnell, MD, and Ronald Hofman, MD.

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MESSAGE FROM THE CO-PRESIDENT



The Alliance Foundation is proud to award grants to organizations for projects that meet the health needs of our community. So far this fiscal year, we have awarded \$4000 for the following projects:

- Clean transportation to and from the Children's Healing Center for families with children who are immunosuppressed who have no other means of transportation to programs at the center
- Assist Pine Rest patients with short term financial difficulties by financing an emergency fund

Our foundation has three more grant cycles this year (November, March, and May) and is looking forward to allocating funds to organizations in Grand Rapids that need our help.

We will host two small fundraising events this year that will help fund future mini grants: Lab Coats and Libations, and Fowling Night Out. In addition to these events, we will continue our direct giving campaign and ask for donations through our website KCMSAlliance.org.

Sincerely,

Blésie Beaumier & Eileen Brader,
KCMSA Co-Presidents

.....

Membership in the Kent County Medical Society Alliance

Spouses and partners of physicians, residents and medical students are encouraged to join the KCMS Alliance. You may pay membership dues for the 2019-20 year instantly at kcmsalliance.org/join. Our membership year is July 1-June 30. We would love for you to be on board this year.

winter calendar

Winter Snowshoeing & Hot Chocolate Events
Please check our website calendar for dates and times.

- 01 | 04 Euchre meets Gourmet Club**
5pm Members and prospective members will meet at a host home for an evening of euchre, good food and great company. Please refer to our website for more information.
- 01 | 07 MSMSA Meeting**
10am Lansing, Michigan
- 01 | 07 Not Your Mother's Knitting**
1-3pm Michigan Fibre Studio
We welcome all levels.
- 01 | 14 Mahjong**
1-3pm Hosted at a member's home. Members who are interested in learning the game, please contact president@kcmsalliance.org.
- 01 | 21 Book Club**
noon "Alison's Story: An Imposing Life Altering Event," by our very own member, Margaret Henry Schuler Books | Kentwood
- 01 | 23 Fundraiser: Lab Coats and Libations**
6-8pm West Michigan Center for Arts and Technology
- 02 | 04 Membership Meeting (All welcome)**
10am Our membership meeting will take place at Children's Healing Center with a tour of the facility before.
- 02 | 15 Mini-Grant Applications Due**
- 02 | 26 MSMSA Capitol Day**
noon Lansing, Michigan

All current and prospective members are welcome to attend any calendar event! For more information please use our website: KCMSAlliance.org or email president@kcmsalliance.org



Event Recap fall 2019

September

i understand Anniversary Dinner

KCMSA members and friends sponsored and gathered to celebrate i understand at Meijer Gardens.



October

Not Your Mother's Knitting

Members met at Michigan Fibre Studio to work on knitting projects with light refreshments and a little socializing. This gathering is for all levels of knitters!



Mahjong

Studies have shown that socializing and playing games can improve your overall health. Come join this newly formed group and learn to play this tile game that originated in China over 2500 years ago.



Wellness Lecture

KCMSA Foundation sponsored speaker Dr. Gunderman's lecture on Burning Up, Burning Out, or Burning Brightly. This event also recognized the recipients of the Daniel Shumaker, MD Memorial Endowed Scholarship.

MSMSA Fall Focus

KCMSA members supported this event sponsored by the Michigan State Medical Society Alliance. Featured speakers Vonnie Woodrick of i understand, love heals and Kelly Dolzynski of Kate Spade, New York, Regional Director, West. The symposium called for normalizing the conversation surrounding mental health and suicide.



November

Tour of Alternatives in Motion and Membership Meeting

Their mission is to enhance independence through access to mobility equipment. Helping children, adults and seniors with disabilities for 26 years! AIM is a recipient of our Foundation's mini-grant program.



KENT COUNTY HEALTH DEPARTMENT



Nirali Bora, MD
Kent County
Health Department
Medical Director and
Brian Hartl, MPH

Are We Making Progress Toward Eliminating Tuberculosis in the U.S.?

The number of tuberculosis (TB) cases and incidence has steadily declined in the United States since 1993. According to preliminary data released by the Centers for Disease Control and Prevention (CDC), a total of 9,029 new active TB cases were reported in the US in 2018 with a corresponding rate of 2.8 cases per 100,000 population.

KCHD

These figures represent the lowest number of cases and incidence ever reported in the US. Despite this accomplishment, the decrease in TB cases has slowed in recent years and a recent model predicted that the U.S. TB elimination goal (annual incidence of <1 case per 1 million persons) will not be attained in the 21st century without greatly increased investment in detection and treatment of latent TB infection (LTBI). This article presents local data on TB in Kent County and summarizes activities the Kent County Health Department that contribute to the nationwide goal of eliminating TB.

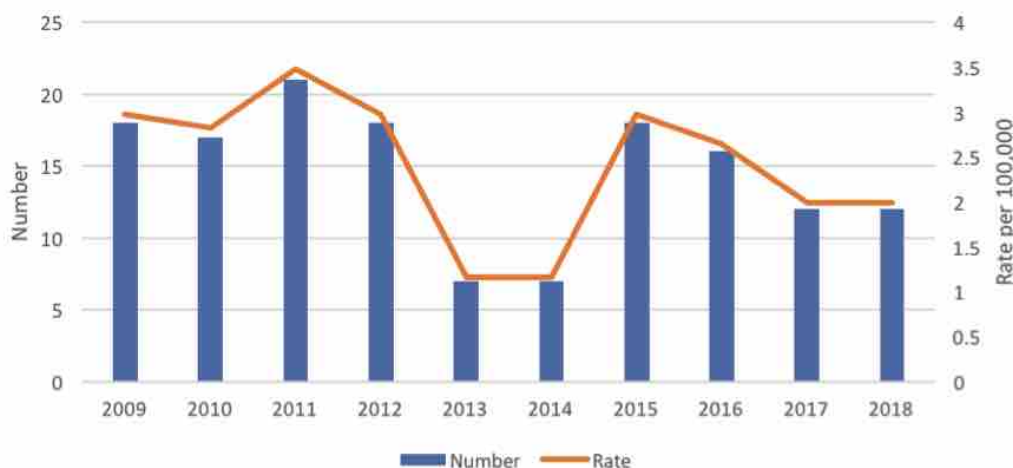
Like the trend observed in the US, Kent County has also experienced a decline in the number of reported active TB cases during the past 10 years. Between 2009 and 2018, an average of 15 TB cases were reported annually in Kent County, however, the five-year average has decreased slightly from 16 cases (2009-2013) to 13 cases (2014-2018). The rate of reported cases also declined from 3 per 100,000 in 2009 to 2 per 100,000 in 2018 (Figure 1). During this 10-year time frame, the average age of reported TB cases was 41 years (range 7 months - 89 years). Examining cases by race/ethnicity,



40% were of Asian descent, 20% were black, 24% were Hispanic and 15% were white, non-Hispanic. More than 80% of TB cases reported during this time frame occurred among patients born outside of the United States.

According to data provided by the CDC, more than 80% of U.S. TB cases are associated

FIGURE 1
Annual Number and Incidence Rate of Reported Tuberculosis Cases, Kent County, 2009-2018



with reactivation of longstanding, untreated latent TB infection. Testing for and treating latent TB infection in high-risk populations is the most effective way to prevent TB disease. CDC encourages the use of short-course treatment regimens for latent TB infection to improve treatment completion. In June 2018, CDC updated the recommendations for use of once-weekly isoniazid-rifampentine for 12 weeks for treatment of latent TB infection, which reduces some treatment barriers by reducing the timeframe and providing the option for some individuals to self-administer medications.

Since 2009, a drug-resistant form of TB has been identified in Kent County in every year except 2012, 2013 and 2014. A total of 10 drug resistant cases and 4 multi-drug resistant cases have been reported during this time frame. The two multi-drug resistant (MDR) cases in 2018 were the first reported since 2011 and an additional MDR case reported in 2019 raises concern that while the incidence of TB is declining in Kent County, the number of new MDR cases will continue to escalate the challenges faced by local public health in the prevention and control of Tuberculosis. The most recently identified case showed resistance to five antibiotics, including isoniazid, rifampin, pyrazinamide, ethambutol and streptomycin. Table 1 shows the most common forms of resistance for cases reported since 2009.

TABLE 1
Resistance by Antibiotic Type, Kent County TB Cases, 2009-2019

Antibiotic	Number of Resistant Strains
Isoniazid	9
Pyrazinamide	4
Streptomycin	4
Rifampin	3
Ethambutol	2
Ethionamide	2

Preventing TB

Identifying those at risk for active TB is the first step in prevention. Those at risk include people who have a greater likelihood of being exposed to someone with active TB such as close contacts to an active case, people who have immigrated from regions where TB is endemic, and those who work with people at high-risk for TB such as the homeless population and those who are incarcerated. People with latent TB at high-risk for progressing to active TB are those who have conditions like diabetes, are immunosuppressed, or use injection drugs, and children under the age of five.

CONTINUED ON PAGE 26

KCHD



Notifiable Disease Report

Kent County Health Department
700 Fuller N.E.
Grand Rapids, Michigan 49503
www.accesskent.com/health

Communicable Disease Section
Phone (616) 632-7228
Fax (616) 632-7085

October 2019

Notifiable diseases reported for Kent County residents through end of month listed above.

DISEASE	NUMBER REPORTED		MEDIAN CUMULATIVE
	This Month	Cumulative 2019	Through October 2014-2018
AIDS	0	8	11
HIV	2	38	N/A
CAMPYLOBACTER	9	83	77
CHICKEN POX ^a	5	17	19
CHLAMYDIA	297	3011	3180
CRYPTOSPORIDIOSIS	0	17	17
Shiga Toxin Producing E. Coli	4	18	12
GIARDIASIS	5	25	40
GONORRHEA	118	1087	693
H. INFLUENZAE DISEASE, INV	2	10	8
HEPATITIS A	0	4	1
HEPATITIS B (Acute)	0	0	0
HEPATITIS C (Acute)	0	3	2
HEPATITIS C (Chronic/Unknown)	13	167	258
INFLUENZA-LIKE ILLNESS ^b	4363	27864	35416
LEGIONELLOSIS	2	26	4
LYME DISEASE	0	13	11
MENINGITIS, ASEPTIC	2	6	29
MENINGITIS, BACTERIAL, OTHER ^c	1	4	14
MENINGOCOCCAL DISEASE, INV	0	0	0
MUMPS	0	0	0
PERTUSSIS	0	6	12
SALMONELLOSIS	8	58	52
SHIGELLOSIS	1	15	19
STREP, GRP A, INV	0	14	29
STREP PNEUMO, INV	2	40	43
SYPHILIS (Primary & Secondary)	0	0	17
TUBERCULOSIS	2	10	9
WEST NILE VIRUS	0	0	1

NOTIFIABLE DISEASES OF LOW FREQUENCY

DISEASE	NUMBER REPORTED Cumulative 2019	DISEASE	NUMBER REPORTED Cumulative 2019
Kawasaki Syndrome	10	Toxic Shock	2
Streptococcal Toxic Shock	1	Cyclosporiasis	3
Carbapenemase Producing CRE	3	Malaria	4
Guillain-Barre Syndrome	2	Listeriosis	1
Vibriosis-Non Cholera	1		

a. Chickenpox cases are reported primarily from schools. Confirmed and probable cases are included.
 b. Includes "Influenza-Like Illness (ILI)" and lab-confirmed influenza. ILI cases have flu-like symptoms and are reported primarily by schools.
 c. "Meningitis, Bacterial, Other" includes meningitis and bacteremia caused by bacteria OTHER THAN H. influenzae, N. meningitidis, or S. pneumoniae.
Except for Chickenpox, Campylobacter, Cryptosporidiosis, Shiga-Toxin Producing E. Coli, Salmonellosis, Shigellosis & Influenza-Like Illness, only confirmed cases (as defined by National Surveillance Case Definitions: <http://www.cdc.gov/nndss/script/casedefDefault.aspx>) are included.
 Reports are considered provisional and subject to updating when more specific information becomes available.

KCHD

KENT COUNTY HEALTH DEPARTMENT

CONTINUED FROM PAGE 25

Testing for TB should be done only among those who are at-risk. The test can be done through a tuberculin skin test (TST) which is interpreted based on the millimeters of reaction along with the person's risk of acquiring TB or their risk of progression, or an IGRA (interferon-gamma release assay) which consists of either a QuantiFERON®-TB or T-SPOT.®

TB services at KCHD

A patient who has a positive TST or IGRA should be referred to the Kent County Health Department using a TB clinic referral form. The KCHD TB clinic is staffed by a team of nurses and two infectious disease physicians. This team will determine whether a patient has latent or active TB infection through a chest x-ray, review of symptoms and risk factors, and sputum samples if indicated. Individuals with latent TB will be offered free treatment with medications provided through KCHD. Those with active TB will be treated with an appropriate regimen. The TB team also manages contact investigations for active TB, provides directly observed treatment for patients with active TB, and trains the community on how to give and interpret tuberculin skin tests.

There are many barriers that make it challenging for patients to complete the full course of treatment for latent TB. Some of these include transportation to TB clinic, concerns about medication side effects, and limited understanding about the risk of progression to active TB. KCHD aims to work with community partners and physicians to improve medication adherence among our patients with latent TB.

Additional information

For questions or more information about the KCHD TB clinic or services, please contact KCHD at 632-7172.

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- **Physician and Physician Group Issues**
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 Kent County Osteopathic Association
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 Grand Rapids, MI 49503

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Help Us Fill Local Food Banks this Holiday Season!

KCMS Alliance and partners KCMS, KCOA, Saladin Shriners and Mercantile Bank, are collecting peanut butter jars to distribute to food pantries across West Michigan as part of a national Alliance initiative. **Jar sizes accepted are 28oz and 48oz.** All jars collected will be distributed to local pantries by Feeding America the week of December 23.

DROP OFF LOCATIONS

Mercantile Bank

4737 Cascade Rd SE
 Grand Rapids, MI 49546
 Open: Monday through Friday 9am-5pm

KCMS/KCOA Office

(Located within Masonic Building)
 233 East Fulton, Suite 222
 Grand Rapids, MI 49503
 Open: Monday through Thursday 9am-4pm